BAR HILL NEWS

Brought to you by the Bar Hill Community Association
October 2022 Issue 639

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Money Saving Tips, Page 32

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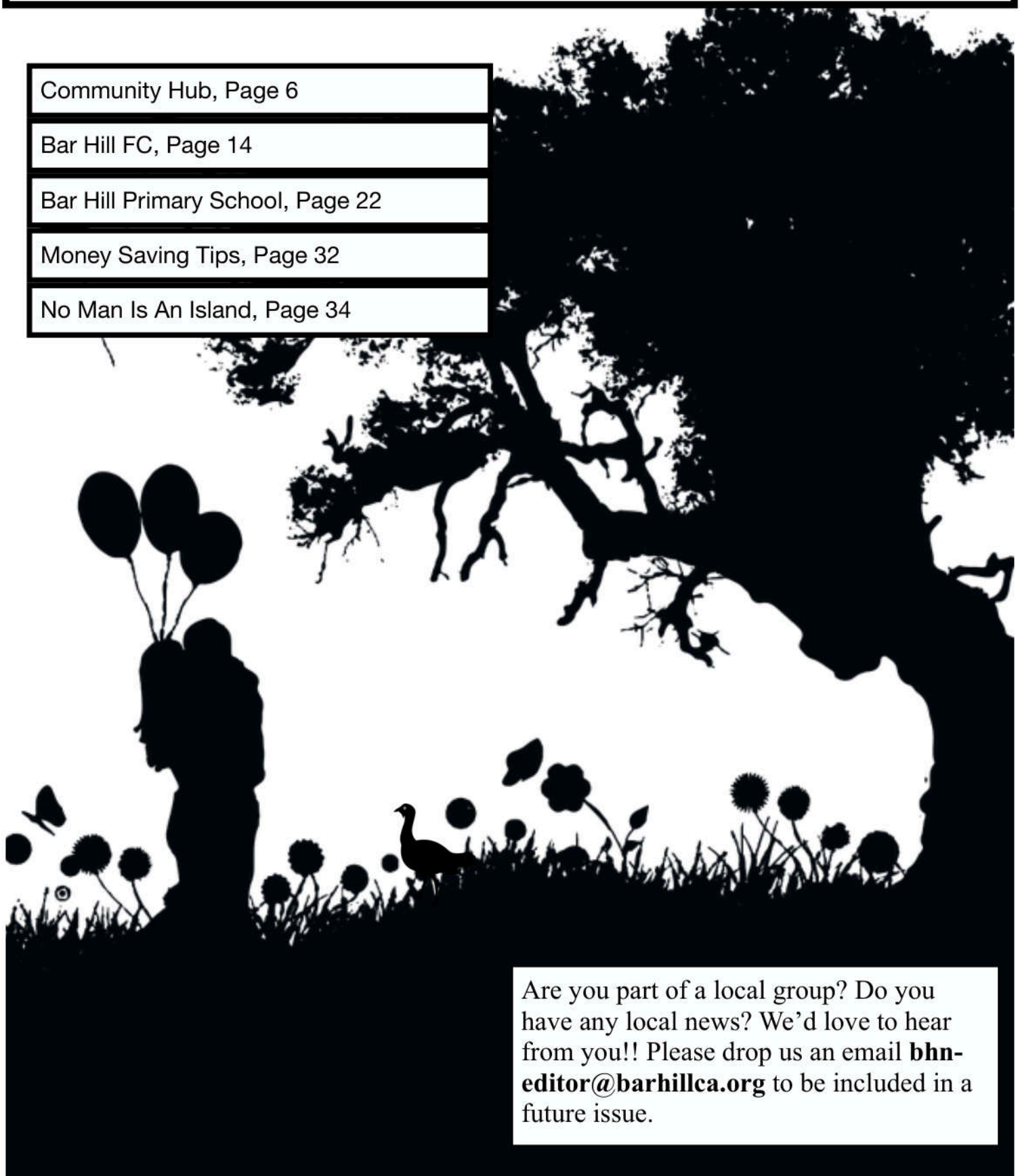

Are you part of a local group? Do you have any local news? We'd love to hear from you!! Please drop us an email **bhn-editor@barhillca.org** to be included in a future issue.

The Winner and runner up of last month's competition are on Page 37.

EDITORIAL

October 2022

Welcome to our October issue!

Some highlights for this month include an article by our Parish Councillor Anthony Mitchell in relation to some of the help available during this current cost of living crisis. You can read the first part on page 32.

This month we're also starting a new regular column from Bar Hill FC related to their upcoming fixtures - Page 14.

If you would like to write an article for your club or organisation please feel free to get in touch!

And finally, the Skatepark update on page 21 has a few images of the new designs for everyone to look at.

PS. Please don't forget our Christmas appeal on Page 40.

Comments? Questions? Anything you'd like to see? Anything you don't think is particularly useful? Please fill in our survey; http://bit.ly/BHNSurvey

Community Association 2021-22	
Chair/ Secretary	Andy Pellew
Vice Chair	Laura Chapman
Treasurer/ BHN Advertising	Hilary Whipp
BHN Editor	Andy Pellew
Features Editors	Liz Dams, and Bridget Wilson
Trustees	
Bunty Waters	Jo Hall
Anthony Mitchell	Amber Neale
Barry Dean	Kate Da Costa

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **bhn-editor@barhillca.org**

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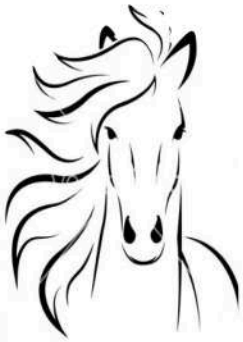

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Bar Hill Community Market

Saturday 1st October

Refreshments served by

Bar Hill Scouts

10.30am - 2pm

In the Octagon CB23 8EH

Entry is Free

All profits go to Community/Charity projects

Refreshments all day with Soup at lunchtime.

Cakes and homemade crafts.

If you wish to be part of the market, please contact Karen Austen 07913923349

Email - bar.hill.community.market@gmail.com

Facebook - Bar Hill Community Market

NOTICES & LETTERS TO THE EDITOR

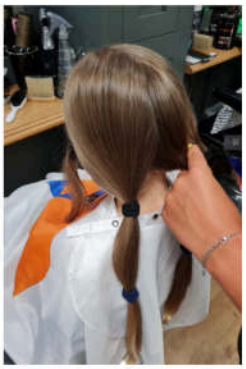
Please send your letters & notices to **bhn-editor@barhillca.org**. Thank you!

Dear All,

I didn't think bells were tolled any more. Now I heard on the news that bells are tolled for the queen. Her death was so sudden, such a shock. I hope you will be able to find time and space to publish the poem "No Man Is An Island" by John Donne.

Elizabeth Thoday, Partridge Drive

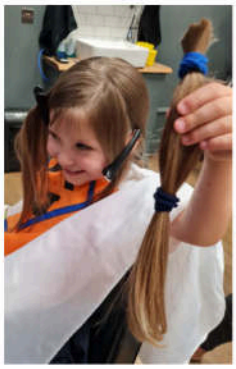
[Editor's Note]. Happy to oblige. See Page 34 for the poem.

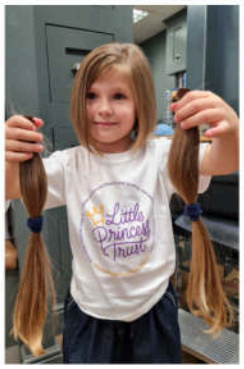


Dear all,

Over the summer, one of our new Reception children decided she wanted to share her hair with children and young people who experience devastating hair loss after cancer treatment. 39cm of her hair has been sent to the Little Princess Trust. Well done Matylda!

Alison Burning, School Secretary

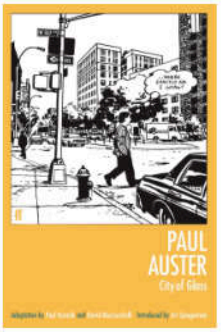




Bar Hill Ladies' Book Club

Next meeting : Tuesday 18th October

City of Glass by Paul Auster



Bar Hill Sports & Social Club – 7.30pm

We are a friendly group of ladies who love to read & share our opinions & thoughts.

Please join us , you will be so welcome.

For more details please email **sheilafarrar@hotmail.co.uk** or call/text **07920558319**

Helping Hedgehogs in October

As the colder weather takes hold, mature hedgehogs will continue to feed as much as possible and begin building nests in preparation for the winter hibernation. It is crucial for them to gain enough weight to survive hibernation. Please continue to put food and water out for them.

For help and advice on hedgehogs contact Liz Dams on **07912 988898**.

Shepreth Hedgehog hospital : **07947 361187**.

Want to find out what it is really like? The Hospice in Cambridge will open its doors to the public on Friday 21st October 2022 3.00pm – 5.00pm The Open Day starts with light refreshments, followed by a brief talk, a guided tour and an opportunity to ask questions. Email **fundraising@arhc.org.uk** or call: **01223 675888**

The deadline for submissions is the second Thursday of the Month. Please send your article to **bhn-editor@barhillca.org** (PDF, Word, Pages, etc)

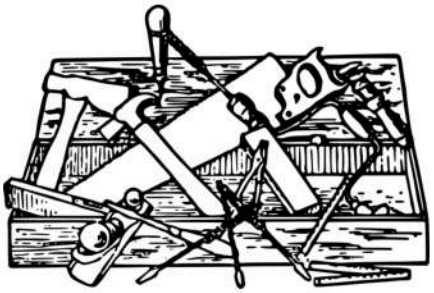
BAR HILL CRAFTS Shed

Registered Charity 1192237

Crafts Shed Shedders Require New Premises

CraftsShed has now moved into the Octagon meetings room, meeting on Thursday mornings from 0930 to 1230. Whilst extremely grateful to the Leadership of Bar Hill Church for letting us do this we still require new accommodation of approximately 60 to 80 Sq Metres. We are working with both the Parish Council and County Council to help find and secure a suitable venue.

CraftsShed is a Registered Charity supporting our local Community.



Harris and Hoole have kindly offered for us to have a small display. Please visit the coffee shop and purchase if you can. If you cannot see what you want then contact those below.

Individuals will continue to help make items, and as a group we will undertake small projects for our Community. There will be a display outside of the Octagon weather permitting.

If you are over 18 and would like to come and join us, please contact Chris or Nick below.

If you can help us, please call Chris Stannard **07711 623425** or Nick Gunton on **07484 2555214**

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October 2022 Service Timetable

Every Monday, Usually 10- 12 in the Octagon (Opposite Maple Surgery)
The Hub is for villagers of all ages as a place to gather & enjoy community!

3rd October	Coffee Stop & Foodbank	Citizens Advice, Health & Wellbeing
10th October	Coffee Stop & Foodbank	Citizens Advice, Carers Café 10.30 - 11.30
17th October	Coffee Stop & Foodbank	Citizens Advice, Health & Wellbeing
24th October	Coffee Stop & Foodbank	PC Surgery
31st October	Coffee Stop & Foodbank	Citizens Advice

Coffee Stop: Pop in for a coffee, a piece of cake and a chat with friends, old and new!

Foodbank: No need for any vouchers. If you are struggling financially, drop by and let us help you

Citizens Advice: will be **re-starting** from **Monday 3 October.** For one of our 9am, 10am, 11am appointments, please either:

Email: barhilladvice@gmail.com or,
Send a PM: Kevin Potts using Facebook Messenger or,
Phone: and leave your details with our freephone number: **0800 088 6522**

Health & Wellbeing: On the 1st Monday of the month, take advantage of some exercise guidance from our experienced coach and visiting speakers

Carers Café: On the **2nd Monday** of the month, by Maple Surgery, who will be providing support for any carers in the village, even if you are not a patient of Maple Surgery.

Parish Council Surgery: Speak in person with a Parish Councillor on the **4th Monday** of every month

Contact: **0800 088 6522** or email: **barhilladvice@gmail.com**

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BAR HILL WARD - DISTRICT COUNCILLOR'S REPORT

The death of Her Majesty the Queen 8th September 2022

My thoughts and prayers are with the Royal Family as we mourn the loss of Her Majesty, and I would like to offer them my heartfelt condolences and to give thanks for her wonderful life, her unfailing commitment to our country and years of devotion to serving the people of the United Kingdom and the Commonwealth. We now have a new monarch, King Charles III, God Save the King

recycle your electricals

At last, electrical re-cycling bins

Greater Cambridge Shared Waste is joining the national **recycleyourelectricals.org.uk/** to stop as many old small electrical items as possible from cluttering our homes or worse, going into kerbside bins where they end up in landfill. The campaign features the quirky 'HypnoCat' who encourages humans to recycle correctly and provides a postcode locator with details of over 2,500 recycling, repair and reuse points across the UK.

Repair Cafes are community events that match people who need stuff fixed with people who like fixing things. The international Repair Cafe movement kicked off in Amsterdam and now there are nearly two thousand Cafes around the world, covering most continents. Visit the webpage of the original Repair Cafe Foundation to browse a map of all locations. **https://cambridgecarbonfootprint.org/repair-cafes/**

Repair Cafes are completely non-commercial. There are no promises and no guarantees, but if something can be saved the repairers will do everything they can. Repairers are always keen to teach visitors how to do the repair themselves and at the very least watch while they do it. We organise occasional repair skillshares on introducing electrical repairs, upholstery, sewing, bike maintenance.etc.

Cambridgeshire is blessed with a huge number of Cafes, with more starting up all the time. In fact, we are probably a global hub with more individual Cafes than anywhere else and in 2017 we set the record for organising the 'World's Biggest Repair Cafe'.

Welcome if you are new to the village, meet me in the HUB on Monday mornings for a coffee, you can contact me if I can help in any way or you would like more information.

Welcome & please contact me if you would like further information, help, or advice
Cllr Bunty Waters - **bunty.waters@ntlworld.com 01954 201421/ 07734 690580**

Bar Hill Church news

Services

Sun 2 Oct, 10:00 am	Holy Communion (Anglican) led by Revd Alex Hughes
Sun 9 Oct, 10:00 am	Harvest, All Together Worship led by Bob and Ann Chappell
Wed 12 Oct, 10:00 am	Midweek Communion led by Heather Smethurst
Sun 16 Oct, 10:00 am	Holy Communion (Reformed) led by Heather Smethurst
Sun 23 Oct, 10:00 am	Worship for All led by Bob Chappell and Di Gunton
Sun 30 Oct, 10:00 am	Quaker meeting. (Reminder: clocks go back)

Sunday morning services can also be attended via Zoom: meeting id 882 9761 3899, password: 284740. The meeting has a waiting room so we recommend joining several minutes early.

About us

Bar Hill Church is an ecumenical partnership working with the Church of England, the Baptist Union, the Methodist Church and the United Reformed Church. We also have covenant agreements with the Roman Catholic Church and the Society of Friends (Quakers). In addition to our worship services we run art and craft groups, and the Olive Tree bereavement support group. The Community Hub, run in partnership with Bar Hill Community Association, meet in the Octagon on Monday mornings. (See the Community Hub page for details.)

Church Contacts

Church Office	Ian Farr	01954 206120 church.office@barhillchurch.org.uk
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH	
Website		https://barhillchurch.org.uk
Facebook		https://facebook.com/barhillchurch

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Rosie in Stitches has raised £1,375 so far in 2022. You can shop with us again at the

Bar Hill Community Market

On Saturday 1st October from 10.30am to 2.00pm selling toys and gifts for all ages

We have joined marketplaces on facebook, Virtual Shop Local - East Anglia online Christmas market is from 1st October to 24th December. Please request to join this Facebook group **https://bit.ly/virtual-shop-local** to grab yourself locally sourced, unique, beautifully crafted gifts for special friends and family. Other marketplaces where our catalogue is advertised are detailed on our Facebook page **https://bit.ly/rosie-is**

We are continuing to accept donations of unwanted crafting materials for our crafters to use or for us to sell on eBay. We are still recruiting new crafters to our team, with some lovely toys and baby cardigans received recently.

New members are always welcome, whether to contribute financially, to join our team of crafters or display a small selection of our wares. Contact Mary Sanders on 01223 356615. Further details are given on our website www.rosieinstitches.org.uk.

Thank you for your continued support.

Stay safe.

Avril Williams

01954 782431

avril@rosieinstitches.org.uk

HAPPY HOURS - October 2022

The Bar Hill Happy Hours club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4pm on Friday afternoons for tea/coffee and cakes, getting together with friends, fun and games. All of this for only £2 per person. The bar is open if you want something extra.

We are looking for new members to join us, so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along and join us.

Coming up:

7th October: Early Christmas Sales

14th October: Bingo and a Quiz

21st October: Raffle

28th October: Casino Afternoon

4th November: AGM, Bingo and a Quiz

If you give us a try and decide that it's for you, you will also need to join the BHSSC.

Anne Plumb, Tel: **01954 780364**, email: **anne@rwp10.plus.com**

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Every Monday Appointments, 9/10/11am

Book an Appointment:
Free phone **0800 088 6522** or
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EARLY CHRISTMAS SALES
with Happy Hours

It's getting close to that time of year again! Come and join us for tea and cakes (£2.00) and some early Christmas shopping.
Place: Bar Hill Sports and Social Club
Date: Friday 7th October
Time: 2pm until 4pm
There will be jewellery, knitted soft toys, hand-crafted wooden items, Christmas cards, notebooks, baked goods and more.

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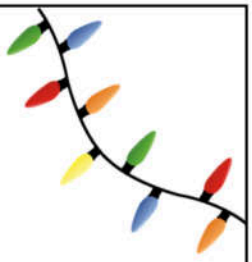

Christmas Market and Tree Lighting Event
Saturday 26th November

11am – 5pm In the
OCTAGON CB23 8EH
3.30pm Tree Lighting(TBC)

All profits go to community projects
Refreshments all day and Soup at lunchtime.
Handmade crafts and produce, Cakes and lots more.
Karen Austen 07913923349 or
bar.hill.community.market@gmail.com
facebook: Bar Hill Community Market

Bar Hill Football Club (Bar Hill SSC Sunday)

I would like to introduce you to Bar Hill FC. Over the coming season I will be providing you with upcoming fixture details and performance updates, but I will also be delving into the past to share some memories of Bar Hill FC with you all.

The club reformed two years ago after a short period without football. We now have two teams playing in the Cambridgeshire Sunday League and play on the village green most weeks. Our first team play in Division 2 (gained promotion last season) and are managed by Liam Munt and Josh Davies (aka Mooey). Our reserve team plays in Division 3 and is managed by yours truly and Graeme Hinchcliffe. All of this has been achieved under the excellent leadership of Nathan Cash who is our current chairman.

We are always looking for new players so if you are interested in playing football for Bar Hill, please contact me on the number below

Upcoming Home Fixtures (all Kick Offs 10.30 on Sundays) :-

2nd Oct - Bar Hill 1st Team v E-UK 1st

9th Oct - Bar Hill 1st Team v King Bill 1st

23rd Oct - Bar Hill 1st Team v Cambourne Town Sunday (cup game)

The Social Club will be open on match days from about 10.00 am when they will be serving refreshments, you can watch the action from the club balcony whilst enjoying a hot drink and a bacon roll!

The club is registered as Bar Hill Sports and Social Club who I would like to thank for their continued support. Last year the Social Club agreed to lend us the money to purchase new goals. We have managed to pay back some of this money and will, hopefully, raise the balance at our next race night which is due to take place at Bar Hill Social Club on Saturday 1st October (commencing around 7pm). Please feel free to come along and support the club. Our race nights are always busy and lots of fun for both adults and children.

As previously mentioned, I will be writing regular articles this season about the history of Bar Hill FC. Initially known as The Plant Breed Institute and formed in 1968, the club was then renamed Bar Hill FC in 1972. The driving force behind the club at that point was Peter Small – many of you who have resided in Bar Hill for some time will remember Peter and his wife running the Forbuoys newsagents in the old mall or "Mr Small's" as I remember it. What some of you may not realise is that Peter was a professional footballer before he came to live in Bar Hill and played for a number of clubs including Nottingham Forest and Leicester City.

Next month, I will be speaking to former players who played in the 1970s so they can share their memories with you.

Up the hill

Steve (Stan) Williams **07564 817786**

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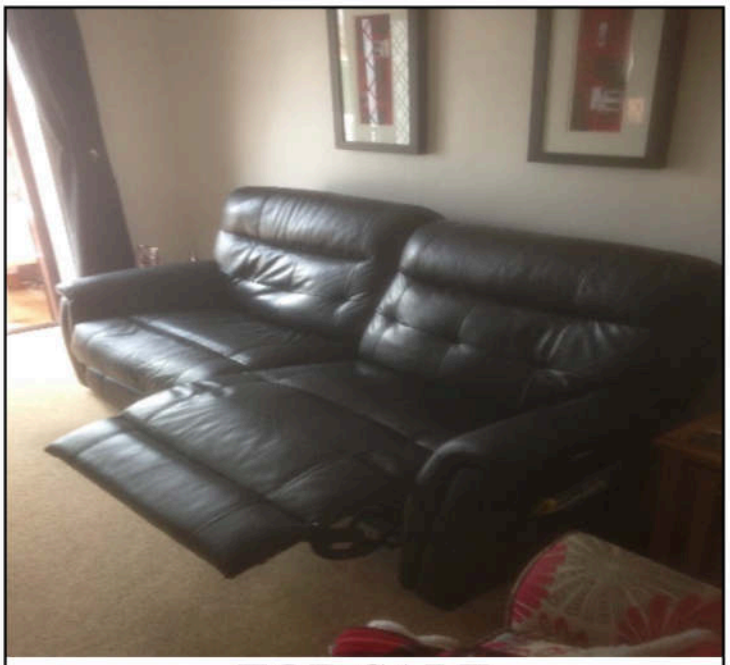

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Bar Hill Neighbourhood Watch

working for a safer community

BAR HILL

To contact Neighbourhood watch please email **nhwinbarhill@yahoo.co.uk**

To keep up to date on the latest developments please join us on facebook: **bit.ly/FBBarHillNHW** (or search for "Bar hill NHW")

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Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

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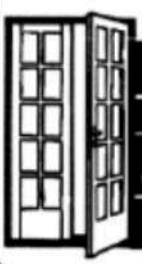

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Bar Hill NWR

Bar Hill NWR (National Women's Register) is a friendly group of like minded women who meet, now in The Octagon, every two weeks discussing a variety of topics.

NWR CONNECTING WOMEN

Oct 13th - The colour green (research anything to do with that colour be it cabbages, spaces, etc.)

Oct 27th - Countries of Africa (research the history, culture, politics etc.)

If you are interested in joining please contact the Local Organiser Marie-Thé on **780329** or her deputy Julie on **201502**.

WILLINGHAM JAZZ CLUB

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1st SUNDAY IN THE MONTH 2022
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BAR HILL ROSARY GROUP

Dear All,

Rosary Group meetings have to be postponed until further notice. Nevertheless, this particular uncertain time might be a convenient moment for you to develop a more personal relationship with Jesus and Virgin Mary to find peace of heart. We may help you by giving away rosary beads with instruction on how to start praying. Whether you are new to rosary or not we encourage finding time for a faithful reflection. Please text your address to Agnes (**074 3255 0621**) and the free kit will be delivered to your door (in Bar Hill). God bless you!

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Bar Hill Colts

This month brings the return to our football season and with it a brand new committee.

We are always looking for ways to improve as a club so we are asking our local community to get in touch with any suggestions.

The new committee are as follows

Chairman-Kevin Houston (**Kevin.houston@hotmail.co.uk**)

Vice chairman-Chris Ewles(chrisewles@hotmail.co.uk)

Treasurer-Zoe Bright (**Zoelpeterson@gmail.com**)

Welfare officer-Sarah Wilson(sarahwilsoncolts@outlook.com)

Social/publicity officer-Demi Entwistle(demientwistle@icloud.com)

Secretary-Emily Lister (**Secretary.barhillcolts@gmail.com**)

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SAXON PARK/ BAR HILL SKATEPARK

Lots of news this month!

We have had a productive summer break and have now agreed the design that we will be using to reach out to skatepark construction companies to start getting together some idea of the cost involved.

On the right are a few 3D models we put together showing the proposed new layout (with a few cartoon figures for size).

The proposed location for the new park will be on the same site as the old park (Saxon Park).

This design is intended to both allow beginners an "on-ramp" to learn and start developing their skating skills as well as allow those with more experience a place to go to enhance and extend their existing skills.

At our last meeting (6th September) we agreed an outline question that we will suggest to the Parish Council as the one that should be used for the Parish Poll. We need some more details (around the finances) before we publish it but hopefully by next month.

More details on the Parish Poll will be made available in future issues of the Bar Hill News.

If you'd like to join us for our next meeting it will be at 18:30 in the Fox on Tuesday, 11th October when we expect (fingers crossed!) to be looking at some responses from construction companies which might, for the first time, include actual figures!

We look forward to seeing you there!

Would you like to be involved??
https://bit.ly/bh-skatepark

Bar Hill Primary School

It has been wonderful to welcome the children back to school after a very warm and sunny summer break. It has also been lovely to meet our families who are joining us for the first time, and we warmly welcome them all to our school community.

Staff and pupils at Bar Hill Primary School are delighted to introduce their new school logo, designed by a pupil at the school.

The school has been working with pupils, colleagues and the community this year to investigate rebranding the school logo, to mark a new era in the school's journey and align themselves with other schools which are also part of Meridian Trust.

Working with the PR agency, Athene Communications, Year 5 and 6 pupils were given the opportunity to work on a project linked to their Computing Curriculum, where they learned about the use of logos in marketing and advertising and were then tasked with redesigning the logo.

During the workshop, pupils were presented with logos that were recognisable to the children and discussed what made these logos stand out. The children explored the current logo and the designs of other school logos to better understand the symbolism behind them.

Pupils then put their ideas on paper by first doing their own research about the school, which helped incorporate their ideas into a design. These ideas were then converted from paper into a vector graphic image for staff at the school to judge their three favourite designs.

Charlotte Linden, Head Teacher, said: "The designs the children came up with were very impressive. There were lots of brilliant ideas and we definitely have some budding artists and graphic designers. It was a very difficult decision as there were so many fantastic designs." Pupils Rylan, Franek and Harvey's designs were chosen by the school as their top three logo choices. These were then sent to a designer who professionally recreated the logos based on these pupils' drawings. The local school community then had the chance to provide their feedback and vote on their favourite design with a winner being announced afterwards. Charlotte continued: "We were delighted to announce that Franek's design was chosen as the winner. Thank you to everyone who provided their feedback to make this informed decision and a huge thank you to all the children in Years 5 and 6 who took part in the process. In particular, we would like to congratulate Franek for his imagination and for creating such a brilliant design idea. "Whilst the logo is more modern and colourful, we still believe it is an accurate representation of the school, with the five swishes on the logo symbolising our five core values: honesty, respect, love, kindness and equality, and look forward to seeing our pupils proudly wearing it on their uniforms."

Bar Hill Church Knit & Natter

We are now regularly meeting again in The Octagon from 1.15 pm on Thursday until 3.00 p.m. It has been lovely to welcome back our established members as well as welcoming some new ones. All are welcome.

As a well established group, we enjoy our knitting and definitely enjoy nattering. Part of our afternoon's programme now includes some much needed stretching and strengthening exercises aptly led by Wendy and then there is always the tea and cake!

We continue to knit for any charity that requires our out-put and mostly baby clothes and blankets which are needed by several organisations. We are always very grateful for donations of wool to complete our garments and projects and I would be pleased to collect any wool you can spare, or bring it along and meet us all.

We have recently enjoyed a Jubilee Party together and offered Her Majesty the Queen a toast of grateful thanks for her outstanding reign of service. An enjoyable time was had by all.

This group is right for anyone who wants to make new friends and find out more about what is going on in the village and to be included in events as they happen. You will be most welcome to join us.

For more information please phone me. Sue Kenchington **780260**.

RHYMETIME @ Bar Hill Library

There is no need to book; just come along with your children.

Sessions are free of charge.

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Bar Hill Village Hall

The Hall was first built in 1978 for use by the residents of the village as a social centre; a place to meet and to hold educational and recreational classes for the community. This founding principle is the corner-stone of the Village Hall's life today, with hundreds of members of the local community using the buildings every week, including a number of regular hirers based both within the village and the surrounding area.

Facilities and Governance

The site has undergone various small extensions and a complete rebuild over the years to continually improve the facilities such as the provision of WiFi.

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a small Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is a UK-registered charity (number 1002579) and run by a committee of trustees who are committed to the on-going development of the Village Hall's role as a key community facility.

To make a booking, please visit our web site **barhillvillagehall.com** and then email **enquiries@barhillvillagehall.com** to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday).

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Please contact the Clerk in the first instance if you have any queries or concerns.

Parish Council Opening Hours

The Parish Council Office will be open to the public Monday to Friday 09.30-11.30 Other times available by appointment only.

Correspondence

If you are wishing to contact the Council for any reason, please can you leave contact details so the Clerk can reply to your query with an update.

Trees

Please contact the Clerk if you see any trees that are damaged. Contact details are at the top of the page.

Ranger Work

Bar Hill Parish Council do not employ a full time groundsman for the Village and all ranger work is contracted out. This means that to make it financially viable a days worth of work is needed before any work can be carried out, All ranger work will be carried out. However there may be delay between reporting the work and the work being done. Please contact the Clerk if you notice any overgrown hedges etc in the Village with a location and photos if possible.

Next Meeting Dates

Full Council Meeting: 20 October 2022

Environment & Amenities Committee Meeting: 5 October 2022

Looking for a friendly meeting place for lunch or coffee? There is a popular bistro at the Arthur Rank Hospice Charity in Cherry Hinton Road, Shelford Bottom, Cambridge CB22 3AB. The comfortable café is open, both indoors and outdoors and take-away is also available, Monday to Sunday, 9.00am – 4.00pm.

Useful Links

Dogs (Fouling of Land) Act 1996 (**bit.ly/bh-dogfouling**) - Environmental Crime (**bit.ly/bh-envirocrime**) - Damaged Street Nameplate (**bit.ly/bh-streetnameplate**) - Reporting issues with roads, paths, street lights, etc.(**bit.ly/bh-highwaysfault**) - Report a non-urgent Crime - (**bit.ly/bh-reportcrime**)

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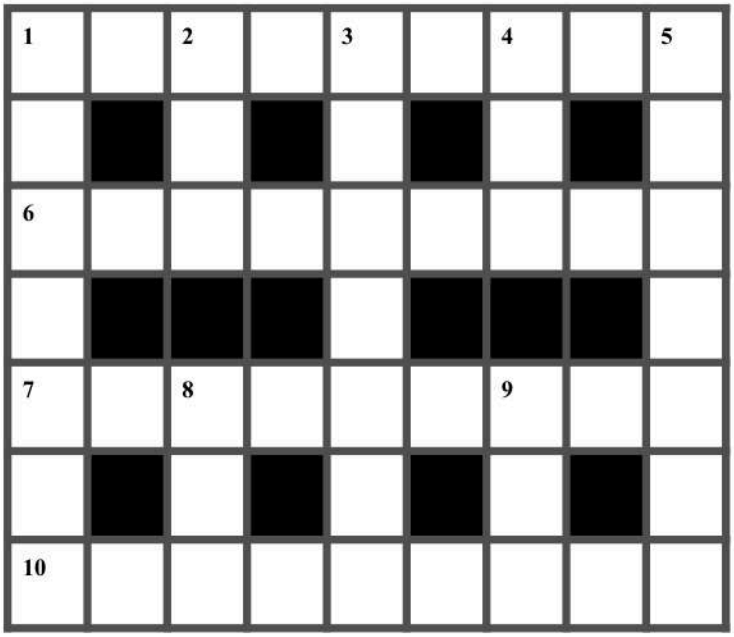

PUZZLE - October 2022

Across - 1.port city in Ohio. 6.a middle easterner. 7.seized unwillingly. 10.groups of hunters etc.

Down - 1.ball game. 2.--- is human. 3.raise. 4.son in law of mohammed. 5.capital of Saxony. 8.opus ---. 9.woman's name.

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Bar Hill Indoor Bowls Club

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So why not come along and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or **barbara.page@live.co.uk**

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Monday, Wednesday: 10 – 5pm

Tuesday: 2 – 5pm

Thursday, Sunday: Closed

Friday: 2 – 5pm

Saturday: 9.30 – 12.30pm

We look forward to seeing you there!

Need help with your bus pass?
If you want help applying for a bus pass, or renewing it, drop by Bar Hill Library any time we're open and we'll help you, including by taking a suitable photo.

If you're applying for a concessionary bus pass for the first time you may need your national insurance number, proof of age or disability, and proof of address. Please see the council website for details (**https://bit.ly/3ztSmX9**).

THE ROYAL BRITISH LEGION

The Royal British Legion is open to anyone who would like to become a member. You do not have to have been in the services to join.

This year we will be meeting on the following dates:

27-OCT: AGM to be held at 7.30pm in the Meeting room of the Octagon

24-NOV: Christmas Event, time and place to be announced

We will be doing the Poppy appeal in Tesco's as usual from Tuesday 1st until Saturday 12th November and would be grateful to anyone who would be willing to give an hour or two of their time to help. Please contact Maggie Cox (Poppy Appeal organiser) on 01954 488657 or 07922 342954 .

The Remembrance service will be on Sunday 13th November at 10am.

We are also hoping to purchase a RBL 'Lest we forget' bench and are looking to find sponsors to help finance this. If you or anyone you know would be interested, please contact Maggie or Malcolm Cox on the above number.

For further information please contact Wendy Arrowsmith on **01954 781381** or Malcolm Cox on **01954 488657** or just come along to the next meeting.

We would like to say a big thank you to all those who helped and donated to the Poppy Appeal in November last year. We raised over £10,000.

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For prices and details visit
www.crazydogladyservices.co.uk or call 0791369002

Moneysaving Tips and Information

By Cllr Anthony Mitchell

Dental Services

You can get help with the costs of dental treatment, glasses or prescriptions, you may be entitled to the NHS low income scheme ask your Doctor, Dentist or Optician for a HC1 NHS Low Income form or call **0300 330 1343**. You do not need to be claiming benefits to qualify.

Replacement Boilers

If you are either disabled, on a low income, or receiving pension credit you may be able to get a new boiler or insulation to keep the cost of high energy bills down in the winter. Various ECO schemes with discounts and subsidies exist with different energy providers have their own criteria. OFGEM has a full list of the Schemes available at https://tinyurl.com/4uup4h3n.

Internet/ Broadband Services

Those who are on a low income may also receive a discount off their phone and broadband. BT, Virgin and others offer a social tariff.

Heating/ Energy Usage

Power companies may also offer an energy rebate under the Warm Home Discount Scheme (£150 a year) for low income/ disabled customers including the "Big Six" energy companies.

It is worthwhile contacting your energy company or visiting their website and making an enquiry. Eligibility varies by provider, so it may be worth considering a switch to one that matches your eligibility. This rebate is in addition to any other government support you may receive.

Your energy company is also obligated to tell you your cheapest tariff if asked and switch you to it.

Switch to Cheaper Providers

Finally, you have the option to switch your telephone, insurance and utility providers to save costs. There are a number of Price Comparison websites available and it's worth checking a few as offers do vary. U-Switch also offers a Freephone service on **0800 051 5493** to help you switch.

Cambridge Water have special tariffs for those on a low income and the disabled such as the Assure tariff which could reduce your monthly bills. Cambridge Water also offer free devices like the water hippo to help save money.

Citizens Advice

If you think you qualify for Pension Credit or Disability Related benefits, please contact the Citizens Advice Bureau at **cambridgecab.org.uk/** or call Adviceline Freephone **0808 278 7808** Monday to Friday 9am to 5pm.

Council Support

Cambridgeshire County Council's Household Support Fund is still operating and provides support for those on a low income and pensioners for household food and energy costs.You can apply online **tinyurl.com/4vyyk774** and Age UK will support pensioners' applications over the phone on **01223 221929**.

You can also contact your local council for information on council/housing related benefits. You also receive a council tax discount if you are a single occupant in your property or if someone in your household has a severe mental impairment such as dementia. These services are there to assist you in your time of need.

Those who receive Personal Independence Payment or care for someone who does is exempt from Car Tax and should register this using the certificate provided by the DWP at the Post Office.

More help & advice next month.

City & Guilds Qualified

APPLETREES PLUMBING & HEATING

Gas Safe Register Number 564278

All types of domestic plumbing, heating, renewable energy and gas work undertaken including:

Boiler Installation and Servicing
Radiator Installation and Moving

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Renewable Energy Specialists

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(Feeding Happy)

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Order online on www.barhillspice.co.uk to claim £5 off on your first order. We reward you for your every order when you join Bar Hill spice loyalty scheme.

Weekly playgroup sessions for babies and preschool children

A range of toys and play equipment with fun activities including crafts, singing, sensory play and story time

Thursday Morning 9:45-11:15am*
at the Octagon, Bar Hill

*term time only

Taster session Free, Further sessions - under 1 £2, over 1 £3, 2 or more children £4 refreshments and snacks included

We look forward to seeing you at our next session

GO LAWN BOWL!

Coton Bowls Club is opening in May for anyone who would like to come and play. You can find us on the recreation ground in Coton, opposite The Plough pub. Anyone with a pair of trainers (or flat soled shoes) can play, so why not come along for a friendly game and a cup of tea or something a little stronger afterwards? Parking available.

Our ***Bowls for All*** open sessions will be on:-

Monday 2 May 2-4pm
(bank holiday)

Thursday 5 May 6-8 pm

Sunday 15 May 2-4 pm

Tuesday 24 May 6-8 pm

If you would like any further information do contact Alyson on tel: 07958 444047, email: opensessions@cotonbowlsclub.co.uk, or check out our website: www.cotonbowlsclub.co.uk

NO MAN IS AN ISLAND

No man is an island,
Entire of itself,
Every man is a piece of the continent,
A part of the main.
If a clod be washed away by the sea,
Europe is the less.
As well as if a promontory were.
As well as if a manor of thy friend's
Or of thine own were:
Any man's death diminishes me,
Because I am involved in mankind,
And therefore never send to know for whom the bell tolls;
It tolls for thee.

John Donne, 1572 to 1631

WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230 Longstanton 207600 Dispensary 207602

NHS

Attending with young children

Please be aware that young children may need to be brought in a pushchair, in order for them to be safe during clinical procedures and examinations. Young children should not be free to explore and run around clinical spaces whilst a parent is unable to supervise them.

Dispensary Requests

When requesting your repeat medication via SystmOnline or our website, please check whether you have nominated to collect your medication from the dispensary at Longstanton (Longstanton and Northstowe patients ONLY), Tesco Bar Hill or The Willingham Pharmacy.

You can choose and change your nomination at any time. You may find your nomination changes automatically if you have decided to collect an acute prescription from a different place than you normally collect your repeats.

We currently need 3 days to process all requests for repeat medication.

Flu Clinics

We are now offering Flu vaccinations at the surgery. Dedicated clinics have been set up on Saturdays and there are currently appointments available on Sat 8th October and 22nd October. Further dates will be released and advertised on the Willingham Medical Practice Facebook page and website.

Please support your surgery and contact our receptionists to book your appointment.

Over Day Centre

The Over Day Centre Association is a charity that provides professional care catering to individual needs, in an environment that is friendly, engaging and health & safety conscious.
Over Day Centre supports individuals in their desire to maintain social interaction and to stay as independent and active as possible with opportunities to make new friends and participate in enjoyable activities. The service provides much needed support and respite for families caring for a loved one.
Currently it costs £26 per day to attend including a hot 2-course lunch and all drinks and morning & afternoon snacks. The minibus will collect from home, and has a wheelchair lift (there is no extra charge to use the bus)
For further information please contact the The Over Day Centre Association on **01954 231807** or via email **care@overdaycentre.co.uk**

Carers Meeting

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meeting on Weds 5th October at Willingham Surgery, where we will be holding a drop in meeting between 2pm and 4pm. Please come along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely FREE!

Meetings are held on the first Wednesday of every month at Willingham Surgery. Please contact Sue Lawson at the surgery or email her at **susan.lawson7@nhs.net** for more information.

Hedgehog Fact

Hedgehogs are known for their prickly spines which they have everywhere except on the face legs and belly. They depend on their spines for defence both while they sleep and when they face predators.

Bar Hill Tennis Club
Winter Membership

www.barhilltennisclub.co.uk

Have you remembered to take advantage of our significantly reduced winter memberships?

Winter membership allows you to play at any time from 1 September through to 31.3.23:

Adult: £25

Junior: £5

Family: £45

Key for floodlights if required - £15

For full details of our very competitive membership fees please visit our web site www.barhilltennisclub.co.uk, email, call us (details below) or pop down to the courts during Club nights.

Membership entitles you to play at anytime but the courts are also available to hire for private play. Membership applications and individual court hires can all be booked and paid for via our website.

It might be October but subject to weather our Adult Club nights on Tuesdays & Thursdays 6.30 to 9pm are still running. We play social tennis – very relaxed and catering for all standards. We play through to late autumn and maybe beyond subject to weather!

Please come along and give tennis a try. We welcome players of all abilities.

We look forward to seeing you!

CONTACT:

Paul Chubbuck (Secretary)

07983 435104

info@barhilltennisclub.co.uk

Geof Tamulonis (Chair)

info@barhilltennisclub.co.uk

FOR MORE INFORMATION GIVE US A CALL OR VISIT OUR WEB SITE

September was the start of our new school year. We welcomed our new families joining this month and enjoyed hearing about summer adventures from our older children. We start our term with the topic 'All about me'.

Looking for ideas for activities to do with young children on a budget? Why not try 50 things to do before you are five? Activities are either free or low cost. You can read more about this on the website **https://bit.ly/fiftythingstodo**

Also available on Google Play and Apple App Store

Interested in finding out more and booking a place for your child? Contact **enquiries@barhillpreschool.co.uk** or call **01954 782892**. You could also visit our website www.barhillpreschool.co.uk for an enrolment form.

Children are offered places from the age of two years old. We are open 9am-3pm in term time only. Funding and childcare payment schemes accepted.

OUR LADY OF THE ASSUMPTION AND THE ENGLISH MARTYRS
Catholic Church Serving Bar Hill

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton), **01223 622690**), Local: **Bunty Waters** (**01954 201421**)

Mass is now held in the Octagon at 6.00pm on Saturdays.

Everyone is very welcome.

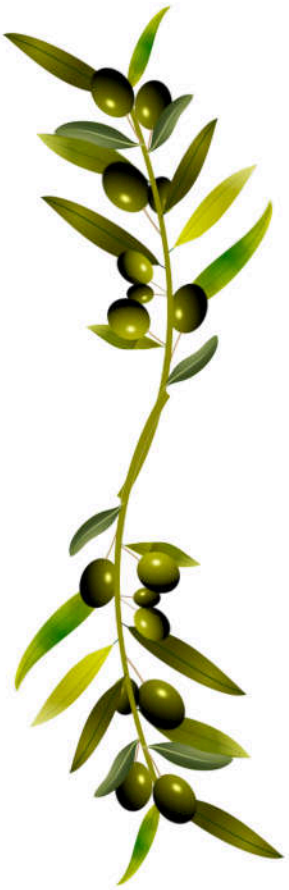
More information is available via the website; **https://olem.org.uk/masses-bar-hill/**

Congratulations to **Julian Jablonski** for winning our colouring competition! And to **Charlotte** (age 7) who was the runner up.

Thank you to everyone who entered!

Olive Tree Bereavement Group

Our next meeting for members will be held on Saturday October 8th 2022 at 1030a.m. and November 12th 2022 in the Octagon as usual.



We will be pleased to see you if you are a regular member, a new member or if you have never been before.

We are conscious that the Autumn is now upon us, and with the evenings drawing in. You may still find this difficult to cope with, an extra feeling of isolation and loneliness. If this is you perhaps you will come along and meet people experiencing this too?

This is a very welcoming group where you can talk quite freely and your confidence will be respected. There will be time to share your experiences, listen and have discussion as well as getting to know others in the group, with time for refreshments too.

If you are wondering whether the group is right for you, please phone one of us to talk about it.

The leaders, who are CRUSE Trained, and members of the group will offer a warm welcome and you will be in the presence of people who have been through loss and understand the particular pain and difficulties that this brings.

For more details telephone Sue Kenchington **780260**, Chris Stannard **781978**, or Maggie Cox **488657**.

Memorial Garden Update

I am delighted to be able to show you all the new Memorial Garden Bench that you so kindly contributed to. We are so grateful. For those who have not seen it or sat on it see it below.

The last appeal for volunteers has produced five more lovely individuals. Should you wish to join us then contact Chris below.

Unfortunately, many of you may have noticed the deterioration in the sleepers on the exterior of the two flower beds. We plan to replace these in due course. However, this is going to be very expensive. It is hoped to replace with oak sleepers which will last longer. We have looked at Recycled Plastic but as yet they seem more expensive. A provisional estimate is £2500 for materials alone. As soon as we know a more accurate cost, we will issue an appeal.

Should you wish to place a Memorial Plaque then contact Chris Stannard on **01954 781978** or **07711 623425**. Email **c.e.stannard1@gmail.com**

CAMBRIDGESHIRE COUNTY COUNCILLOR'S REPORT

We are in a highly uncertain period, with national and international events likely to have major impacts on all aspects of life, not least local government. At the time of writing this the country is coming to terms with the sad death of the Queen and also wanting to learn more about a new government and their plans for the energy and cost of living crisis. Despite everything going on the work of the County Council must continue, and I have been working with officers to establish how to get the idea of a path round the ring road in Bar Hill from an idea to a plan that could be funded and delivered.

The path idea has been around for some time, but it never got on to the County's Transport Infrastructure Plan (a longlist of mid size projects to be considered for funding at regular intervals). It was also not included in any plan which feeds the overall strategy, ie the Transport Strategy for Cambridge and South Cambridgeshire (TSCSC), adopted in March 2014. The TSCSC was developed alongside and informed by the adopted Cambridge and South Cambridgeshire Local Plans, and the transport programme included in the bid for City Deal funding and now being delivered by the GCP was drawn from the transport programme in the TSCSC. However the TSCSC is going to be reviewed and updated into a new Greater Cambridge Transport Strategy starting later this year, in parallel with the further development of the Greater Cambridge Local Plan. The strategy development process here is key – this is the opportunity to propose new schemes. Officers are well aware of the importance to Bar Hill of the path and will support these proposals being included. Once it is on the TIP officers will work up concrete options for implementation and costings and we can then discuss them properly.

This is long-winded and overly complex, but it is because we have an overly complex set up in the County, with no fewer than 3 bodies dealing with transport strategy – County Council, GCP and the Combined Authority (ie the Mayor).

In the mean time there is more opportunity for local highways improvement for relatively small schemes. These are to be applied for to the County Council by the Parish Council on behalf of residents. If you have ever wanted to support your local community do consider joining the Parish Council, they have vacancies at present, and they do vital work!

FREE: Fresh Lavender. Bagful free of charge? Please provide own bag.

Tel: **01954 782441** (Bar Hill) (Sep-22)

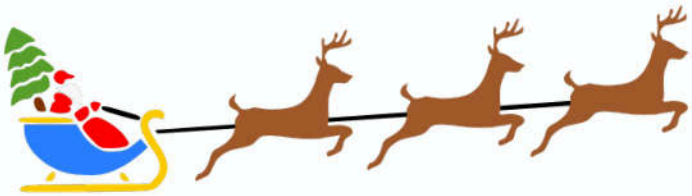
Cllr Edna Murphy - Bar Hill Division, Cambridgeshire County Council
Edna.Murphy@cambridgeshire.gov.uk, **01223 577005**

Christmas Is Coming!

This year's Christmas lights switch on, in conjunction with the Bar Hill Community Market, will be taking place on the 26th November.

We are expecting to have our traditional tree as well as expanding the lights to cover a larger area - there might even be another visit from Father Christmas!

If you'd be interested in volunteering to help, please get in touch with Laura Chapman - **laurac@barhillca.org** - or, if you'd like to donate please use the QR code below or you can access **https://bit.ly/bhca-christmas** directly.



Arthur Rank Hospice Charity

Are you a keen photographer? Arthur Rank Hospice Charity sells pre-loved and brand new items on the Ebay and Amazon websites. They are looking for volunteer photographers (aged 18 or over) to help photograph items for their Ebay page. Based at the Retail Hub in Pampisford, near Cambridge, the Hub helps to raise vital income for the Charity, and takes a huge amount of donations. Contact John or Sarah on **01223 242684** or find out more at **www.arhc.org.uk**

8 O'clock Club

The 8 O'clock club was started in 1973 as a monthly meeting for women of all ages who live in the village. Due to covid we took a break from March 2020 only returning for our first meeting last month. Our meetings take the form of speakers or demonstrators and we also have a Christmas meal, Birthday party and garden party.

Our next meeting is on the 6th October in the school at 7.30pm (please note new time). The fee for this year until September 2023 is £10 for the year plus £1 each meeting to cover refreshments and raffle.

For members who paid in 2019 they will not have to pay the £10. Future dates in 2022 are 7 November and then either 1/8 December.

If you would like to come for a visit, please feel free to join us at any future meeting. If you would like further details please phone Barbara, **204171**, Adela **204265** or Ann **204687**.